

Godavari Foundation

DR.KETKI PATIL COLLEGE OF NURSING, JALGAON
DEPARTMENT OF COMMUNITY HEALTH NURSING

Activity Report

INSTITUTE:	DR.KETKI PATIL COLLEGE OF NURSING
DEPARTMENT:	DEPARTMENT OF COMMUNITY HEALTH NURSING
ACTIVITY TYPE:	REPORT ON SCHOOL HEALTH PROGRAMME
DATE:	13th February 2026 from 09:00 AM to 01:00 PM
YEAR & CLASS	Organized by GNM 1st and 3rd Year Students
NO OF PARTICIPANTS	82
CORDINATOR:	Ms.Prajakta Sawarkar
DESIGNATION:	PG-Tutor
CONTACT DETAILS	8888798711

**GODAVARI FOUNDATION'S**
DR. KETKI PATIL COLLEGE OF NURSING, JALGAON
(Recognized by INC , New Delhi & Affiliated to MUHS, Nashik)
(Additional MIDC Area- Jalgaon)

DEPARTMENT OF
COMMUNITY HEALTH NURSING

• Organizes •
School Heath Progamme

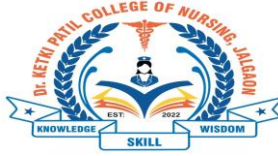
JOIN US ON 13/02/2026
AT 09:00 am to 01:00 pm

PROGRAMME SCHEDULE

- ▶ Session- 01: Civic Sense & Health
- ▶ Session- 02: Personal Hygiene
- ▶ Session- 03: Menstrual Hygiene (Girls Only)
- ▶ Session- 04: Mobile Addiction & Health
- ▶ Session- 05: BMI Cheak-Up & Health Assessment

(Teaching methods: Lecture, Demonstration, Used of Posters/ charts & Skit)





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REPORT ON SCHOOL HEALTH PROGRAMME-2025-26

A School Health Programme was successfully organized by the GNM 1st and 3rd year students of the Department of Community Health Nursing, Dr. Ketki Patil College of Nursing, Jalgaon, on **13th February 2026** from **09:00 AM to 01:00 PM**.

The programme aimed to promote awareness among school children regarding essential health practices and to encourage healthy lifestyle habits at an early age. The event was conducted in a well-organized manner under the guidance of faculty members.

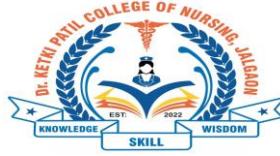
Objectives of the Programme

- To educate students about personal and community hygiene
- To create awareness regarding menstrual hygiene among adolescent girls
- To highlight the impact of mobile addiction on health
- To assess the nutritional status through BMI check-up
- To promote overall physical and mental well-being

Programme Schedule & Activities

The programme consisted of the following sessions:

1. **Civic Sense & Health**
Students were educated about cleanliness, discipline, and social responsibility in maintaining a healthy environment.
2. **Personal Hygiene**
Demonstrations and explanations were given on maintaining personal cleanliness, including handwashing techniques and daily hygiene practices.
3. **Menstrual Hygiene (Girls Only)**
Adolescent girls were sensitized about menstrual health, proper hygiene practices, and myths related to menstruation were addressed.
4. **Mobile Addiction & Health**
Awareness was created regarding the harmful effects of excessive mobile usage on physical and mental health.



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5. BMI Check-Up & Health Assessment

Basic health assessments, including BMI measurement, were conducted to evaluate the nutritional status of the students.

Teaching Methods Used

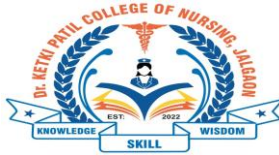
- Lecture method
- Demonstration
- Use of posters and charts
- Skit performances for better understanding

Outcome of the Programme

The programme was highly interactive and well-received by the students. It helped in improving awareness regarding hygiene, health practices, and lifestyle modifications. The BMI assessment provided insight into students' health status, and necessary guidance was given.

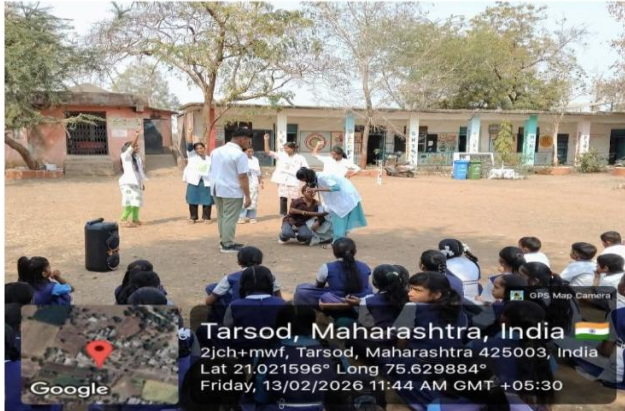
Conclusion

The School Health Programme was a great success due to the active participation of students and the dedicated efforts of GNM 1st and 3rd year students. It contributed significantly to enhancing health awareness among school children and fulfilled its objective of promoting preventive healthcare practices.



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GEOTAGGED PHOTOS



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